



11 Days/ 10 Nights

CLASSICAL MYANMAR

Departing ex Perth 17 October 2012

Mandalay Palace



Shwe Dagon Pagoda



Pristine Lotus Spa and Resort

This is one of a developing range of escorted groups which have been prepared for adventurous travellers - by an immensely experienced team of experts. In undertaking one of these tours, you will enjoy a leisurely itinerary and the richest of cultural experiences.

Experience: Sunset over Bagan's temples and the delights of boating on the vast Inle Lake
Witness: The Phaung Daw Oo Festival and the famous leg-rowers of Lake Inle
Celebrate: The magnificent temples, monasteries and stupas of Bagan – the great temple city
Be inspired: By the friendliness of the people of Myanmar, despite their recent travails

- Wed 17 October** **Perth to Kuala Lumpur** **MH124 1630.2200**
We depart, this afternoon, with Malaysia Airlines. On arrival, we'll make our way to the Concorde Inn for a stay of 1 night.
- Thu 18 October** **Kuala Lumpur to Yangon (Rangoon)** **MH740 1005.1115**
After an early breakfast, we return to the airport to check in for our flight to Yangon where we'll be met and accommodated overnight at the Hotel Chatrium. Sightseeing, this afternoon, will include visits to the 107 metre tall (gold-leaf encrusted) Shwe Dagon Pagoda, the 70 metre long reclining Buddha and views of river-life along the Yangon River. **(B)**
- Fri 19 October** **Yangon to Heho / Lake Inle** **AIR**
This morning, we fly to Heho, located on the Shan Plateau, from where we make our way to Lake Inle to visit Shwe-yan-pay monastery. We then make our way, by water, to the Pristine Lotus Spa and Resort (Lotus Villa) – for a stay of 2 nights. We can relax here and enjoy the wonderful facilities provided at our lake-side resort. **(B/D)**
- Sat 20 October** **Lake Inle - Phaung Daw Oo Festival**
This morning, we head off by boat to witness the very traditional Phaung Daw Oo festival, viewing the procession from Nga phe chaung monastery and the floating of the 5 holy Buddha images. On this most religious of days, also, we'll visit a haven for "Burmese" cats. As we cruise, we'll see the amazing Intha people going about their unique leg-rowing as they fish and move around the lake. This afternoon, we return to our resort via a lengthy channel, with farmers tending their crops on islands. Today's activities will be a highlight of your visit to Myanmar. **(B/L)**
- Sun 21 October** **Heho to Mandalay** **AIR**
After a leisurely breakfast, we undertake more lake activities before heading to the airport for our afternoon flight to Mandalay where we will be met and accommodated for 2 nights at the Mandalay Hill Resort. It was here, in Mandalay, that the Konbaung kings resided and eventually capitulated to the British, more than 100 years ago **(B/D)**
- Mon 22 October** **Mandalay - sightseeing**
This morning, we will view the centuries-old, 4 metre high Arakan Buddha, cast in bronze but coated (through thousands of years) with a 15 centimetre layer of gold leaf. We then proceed to Nandaw monastery, the only (timber) building remaining from more than one hundred which once stood here; and Kuthodaw Pagoda with its 729 marble slabs showing the entire Buddhist canon. Then, this afternoon, we board our vessel and cruise along the Ayeyarwaddy for the 1 hour up-stream journey to Mingun. Here, a mighty king once tried to build the world's biggest pagoda. He failed, however you will be amazed at the scope of what he tried to achieve. We will delight in the activity on (and beside) the mighty Ayeyarwaddy. The day ends with a view from Mandalay Hill, across the former Palace. **(B/D)**
- Tue 23 October** **Mandalay to Bagan** **AIR**
We make our way to the ancient capital of Amanapura to visit temples and small pagodas; and stroll across U Bein, the world's longest teakwood bridge. We then visit Sagaing Hills meditation centre where we can enjoy the view across the temples and
... itinerary continued overleaf



**Integrated
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Shwe Dagon Pagoda



Phaung Daw Oo Pagoda



... itinerary continued

pagodas of Sagaing and the Ayeyarwaddy River. This afternoon, we depart by air for Bagan where we will stay 2 nights at the Tharabar Gate Hotel. **(B/D)**

Wed 24 October **Bagan - sightseeing**

Situated on the banks of the Ayeyarwaddy, Bagan became a centre of power from the 9th Century and, in its heyday, had around 13,000 temples and stupas covering 42 square kms. Its golden age came to an end in 1287AD when it was ransacked by the Mongols. Today, more than 2,000 temples and stupas still remain, in varying stages of disrepair. Nonetheless, Bagan remains as one of the great civilizations of the world.

For early-risers, there's the opportunity to enjoy the sunrise over Bagan's temples. You will then be provided with a leisurely programme of visits (so as not to dull your senses) before enjoying a breath-taking sunset – a joy to behold. **(B/L)**

Thu 25 October **Bagan to Yangon AIR**

This morning, we journey out some 50kms to visit Mt Popa (Olympus for the Nats – celestial spirits of Burmese mythology). You can, if you wish, undertake the 30 minute (or so) climb to the peak for a spectacular view of the surrounding countryside, or just view the picturesque Taungkalat monastery from below. Then, this afternoon, we return (by air) to Yangon where we'll be accommodated for a further night at the Chatrium Hotel. Tonight, we'll relax over a farewell dinner, reflecting on the marvellous experiences we've shared together. **(B/D)**

Fri 26 October **Yangon to Kuala Lumpur** **MH741 1215.1630**

After a leisurely breakfast, there's the opportunity to undertake further sightseeing, including a visit to Bogyoke Market. Then, at the appointed time, we will be transferred to the airport for our return flight with Malaysia Airlines to Kuala Lumpur where we will stay a final night at the **Pan Pacific (KLIA)**. **(B)**

Sat 27 October **Kuala Lumpur to Perth** **MH125 0940.1500**

After a leisurely breakfast, we make our way back to the airport for our return flight. **(B)**

TOUR COSTS – PER PERSON

SHARE TWIN	SINGLE
\$3,570.00	\$4,420.00

Inclusions:

- International and domestic airfares and taxes
- Transfers and transportation
- Accommodation
- Daily breakfasts, 2 lunches and 5 dinners
- Extensive sightseeing as indicated in itinerary
- Entrance fees as applicable
- Services of an English-speaking guide
- Tips
- Services of a company appointed escort.

Exclusions:

- Beverages
- Meals other than stated
- Visa fees
- Travel insurance

Trip grading: 2½ out of 5 – requires a reasonable amount of walking fitness and agility.

Weather conditions (November): Yangon 32 / 24 (206) Inle Lake 25 / 17 (189) Mandalay 33 / 24 (177) – average maximum / minimum (monthly rainfall in mm).

Maximum number on this tour: 22 persons including the escort.

Escort: This tour will be escorted by a company representative, ex Perth.

Extensions: We will be pleased to add additional arrangements in Myanmar or Malaysia, at the conclusion of the itinerary.

Booking Conditions

Deposit and balance of payment

A deposit of \$300.00 per person will be required to secure your reservation and with the balance due by 31 August 2012. The deposit is non-refundable, except if the tour is cancelled due to lack of numbers (in which case it will be refunded in full).

Cancellation fees

Per person cancellation fees are:-

From date of booking to 45 days prior departure	\$300.00
90-45 days prior to departure	25% of the tour price
45-21 days prior to departure	50% of the tour price
Within 21 days	100% of the tour price

Travel insurance

Integrated Tourism Services will provide insurance proposals for your consideration at time of booking. Comprehensive insurance is mandatory for all participants and the Company will require proof of any insurance purchased indirectly.

Costs

Based on airfares, taxes and exchange rates valid as at 19 March 2012 and are subject to increase